



Bluecoat Primary Academy

Allergen Friendly Dinner Menu

Week 1

WEEK COMMENCING 5th Nov - 3rd Dec - 14th Jan - 11th Feb - 18th March

Please ask for allergen information if you have a food allergy

FIRST COURSE

SECOND COURSE

H

Halal version is available every day on request, please ask

MONDAY

Beef chilli (H)

Sulphates

with

Rice

Carrots

OR

Jacket potato and beans



Jelly pouch



TUESDAY

Pork and apple or
Chicken casserole (H)

with

Potato puffs

Sweetcorn

Peas

OR

Jacket potato and beans



Fruit



WEDNESDAY

Roast turkey (H)

with

Roast potatoes

Farmhouse veg mix

OR

Jacket potato and beans



Chocolate cake



THURSDAY

Chicken skewers

with

Herby diced potato

Farmhouse veg mix

OR

Jacket potato and beans



Fruit



FRIDAY

Chicken goujons

with

Chips

Baked beans

OR

Jacket potato and beans



Sorbet





Bluecoat Primary Academy

Allergen Friendly Dinner Menu

Week 2

WEEK COMMENCING 12th Nov - 10th Dec - 21st Jan - 25th Feb - 23rd March

Please ask for allergen information if you have a food allergy

FIRST COURSE

SECOND COURSE

H Halal version is available every day on request, please ask

MONDAY

Chicken sausage patty
with
Potato puffs
Gravy
Peas



OR
Jacket potato and beans



Jelly pouch



TUESDAY

Chicken curry
with
Sauté potatoes
Cauliflower rice



OR
Jacket potato and beans



Fruit



WEDNESDAY

Roast beef (H)
with
Roast potatoes
Gravy
Carrot



OR
Jacket potato and beans



Berry crumble



THURSDAY

Savoury lamb mince
Celery
with
Mixed vegetables



OR
Jacket potato and beans



Fruit



FRIDAY

Chicken chunks
with
Chips
Baked beans



OR
Jacket potato and beans



Sorbet





Bluecoat Primary Academy

Allergen Friendly Dinner Menu

Week 3

WEEK COMMENCING 19th Nov - 17th Dec - 28th Jan - 4th March - 1st April

Please ask for allergen information if you have a food allergy

H Halal version is available every day on request, please ask

FIRST COURSE

SECOND COURSE

MONDAY

Lamb kofta

with

Rice

Sweetcorn

OR

Jacket potato and beans



Chocolate cake



TUESDAY

Beef and potato bake (without cheese)

with

Baked beans

OR

Jacket potato and beans



Fruit



WEDNESDAY

Roast lamb (H)

with

Herby diced potatoes

Gravy

Carrots

Green beans

OR

Jacket potato and beans



Jelly



THURSDAY

Turkey meatballs in tomato sauce

Sulphates

with

Jacket potato

Carrots

OR

Jacket potato and beans



Fruit



FRIDAY

Chicken goujons

with

Chips

Baked beans

OR

Jacket potato and beans



Sorbet





Bluecoat Primary Academy

Allergen Friendly Dinner Menu

Week 4

WEEK COMMENCING 26th Nov - 7th Jan - 4th Feb - 11th March

Please ask for allergen information if you have a food allergy



Halal version is available every day on request, please ask

FIRST COURSE

SECOND COURSE

MONDAY

Lamb stew (H)
Celery
with
Roast potatoes
Cabbage



Jelly pouch



OR
Jacket potato and beans



TUESDAY

Beef bolognese (H)
Sulphates
with
Jacket potato
Carrots



Fruit



OR
Jacket potato and beans



WEDNESDAY

Roast pork or
Halal chicken (H)
with
Potato wedges
Gravy
Mixed vegetables



Berry crumble



OR
Jacket potato and beans



THURSDAY

BBQ chicken breast (H)
Sulphates Mustard
with
Potato puffs
Farmhouse mixed
vegetables



Fruit



OR
Jacket potato and beans



FRIDAY

Chicken chunks
with
Chips
Baked beans



Sorbet



OR
Jacket potato and beans





FOOD ALLERGEN INFORMATION

Please ask for allergen information if you have a food allergy

Archway Learning Trust makes every effort to identify allergens used as deliberate ingredients and prevent contact and contamination throughout food production. However, due to high risk of cross-contact in this area, we cannot guarantee that food prepared here does not contain allergens other than those intended and we cannot guarantee that our suppliers operate a 'nut-free' environment.

Customers with food allergies should be aware of this risk.