



# Bluecoat Primary Academy Dinner Menu

## Week 1

WEEK COMMENCING 5th Nov - 3rd Dec - 14th Jan - 11th Feb - 18th March

Please ask for allergen information if you have a food allergy

### FIRST COURSE

### SECOND COURSE

**H**

Halal version is available every day on request, please ask

## MONDAY

Beef chilli (H)

Sulphates

OR

Mixed bean chilli

Sulphates

with

Rice and naan bread

Gluten Dairy



Vanilla sponge

Gluten Dairy Egg Soya

and custard

Dairy

OR

Cheese with crackers

Gluten Dairy



## TUESDAY

Pork and apple or  
Chicken casserole (H)

OR

Quorn sausage casserole

Gluten Dairy Egg

with

Mashed potato Dairy

Sweetcorn

Peas



Cheesecake

Gluten Dairy Sulphates Soya

OR

Fruit



## WEDNESDAY

Roast turkey (H)

OR

Roast quorn

Gluten Dairy Egg

with

Potato noisettes

Dairy Sulphates

Stuffing

Gluten Dairy Soya Egg

Farmhouse veg mix



Muffin

Gluten Dairy Egg

OR

Yoghurt

Dairy



## THURSDAY

Chicken pie (H)

Gluten Dairy Celery

OR

Vegetable pie

Gluten Dairy Celery

with

Herby diced potato

Edamame beans

Soya



Cherry crumble Gluten

and custard Dairy

OR

Fruit



## FRIDAY

Battered cod (H)

Gluten Dairy Mustard Fish

OR

Pizza

Gluten Dairy

with

Chips

Baked beans



Choc ice

Dairy Soya

OR

Cheese with crackers

Gluten Dairy





# Bluecoat Primary Academy Dinner Menu

## Week 2

WEEK COMMENCING 12th Nov - 10th Dec - 21st Jan - 25th Feb - 23rd March

Please ask for allergen information if you have a food allergy

### FIRST COURSE

### SECOND COURSE

**H** Halal version is available every day on request, please ask

MONDAY

Pork sausage or  
Gluten Dairy Sulphates  
chicken sausage (H)  
Gluten Dairy Sulphates  
OR  
Quorn sausage  
Gluten Dairy  
with  
Potato puffs  
Gravy  
Peas



Angel delight  
Dairy  
OR  
Cheese with crackers  
Gluten Dairy



TUESDAY

Chicken curry (H)  
Gluten Dairy Sulphates Mustard  
OR  
Lentil curry  
Gluten Dairy Sulphates Mustard  
with  
Sauté potatoes  
Cauliflower rice



Tapioca pudding  
Gluten Dairy  
OR  
Fruit



WEDNESDAY

Roast beef (H)  
OR  
Quorn escallop  
Gluten Dairy Egg  
with  
Roast potatoes  
Yorkshire pudding  
Gluten Dairy Egg  
Gravy  
Carrot and swede mash  
Dairy



Chocolate cornflake  
crunch  
Gluten Dairy Soya  
OR  
Yoghurt  
Dairy



THURSDAY

Shepherds pie (H)  
Dairy Celery  
OR  
Shepherdess pie  
Dairy Egg Celery  
with  
Mixed vegetables



Cherry cake  
and custard  
Gluten Dairy Soya Egg Dairy  
OR  
Fruit



FRIDAY

Cod sea stars (H)  
Gluten Dairy Sulphates Mustard Fish  
OR  
Pizza  
Gluten Dairy  
with  
Chips  
Baked beans



Frozen yoghurt  
Dairy  
OR  
Cheese with crackers  
Gluten Dairy





# Bluecoat Primary Academy Dinner Menu

## Week 3

WEEK COMMENCING 19th Nov - 17th Dec - 28th Jan - 4th March - 1st April

Please ask for allergen information if you have a food allergy

### FIRST COURSE

### SECOND COURSE

**H**

Halal version is available every day on request, please ask

## MONDAY

Sweet chilli chicken (H)

Gluten Sulphates

OR

Sweet and sour quorn

Sulphates Egg Celery

with

Rice

Sweetcorn



Iced carrot cake

Gluten Dairy Sulphates Egg Soya

OR

Cheese with crackers

Gluten Dairy



## TUESDAY

Beef and potato bake

Dairy

OR

Leek and potato bake

Dairy

with

Baked beans



Apple berry crumble

Gluten

and custard

Dairy

OR

Fruit



## WEDNESDAY

Roast lamb (H)

OR

Roast quorn

Egg

with

Herby diced potatoes

Gravy

Carrots

Green beans



Jelly

Sulphates

OR

Yoghurt

Dairy



## THURSDAY

Pork meatballs in tomato

sauce or Gluten Dairy Sulphates

Halal beef meatballs in

tomato sauce (H)

Gluten Dairy Sulphates

OR

Arrabiatta Sulphates

with

Garlic bread Gluten Dairy

Pasta Gluten



Blueberry cake

Gluten Dairy Soya Egg

and cream

Dairy

OR

Fruit



## FRIDAY

Battered haddock (H)

Gluten Dairy Mustard Fish

OR

Pizza

Gluten Dairy

with

Chips

Baked beans



Ice cream

Dairy

OR

Cheese with crackers

Gluten Dairy





# Bluecoat Primary Academy Dinner Menu

## Week 4

WEEK COMMENCING 26th Nov - 7th Jan - 4th Feb - 11th March

Please ask for allergen information if you have a food allergy

### FIRST COURSE

### SECOND COURSE

**H**

Halal version is available every day on request, please ask

## MONDAY

Lamb stew (H)

*Celery*

OR

Quorn stew

*Egg Celery*

with

Roast potatoes

Cabbage



Pineapple upside

down cake

*Gluten Dairy Sulphates Egg Soya*

and custard

*Dairy*

OR

Cheese with crackers

*Gluten Dairy*



## TUESDAY

Beef bolognese (H)

*Sulphates*

OR

Vegetable bolognese

*Sulphates Egg*

with

Spaghetti *Gluten*

Garlic bread *Gluten Dairy*

Cheese



Iced lemon drizzle cake

*Gluten Dairy Sulphates Egg Soya*

OR

Fruit



## WEDNESDAY

Roast pork or

Halal chicken (H)

OR

Quorn escallop

*Gluten Dairy Egg*

with

Potato wedges

Gravy

Mixed vegetables



Brownies

*Gluten Dairy Egg*

OR

Yoghurt

*Dairy*



## THURSDAY

BBQ chicken breast (H)

*Sulphates Mustard*

BBQ quorn fillet

*Gluten Dairy Mustard soya*

OR

BBQ Quorn Fillet

*Sulphates Egg Mustard*

with

Mashed sweet potato *Dairy*

Farmhouse mixed

vegetables



Rice pudding and jam

*Dairy Sulphates*

OR

Fruit



## FRIDAY

Fish chunks (H)

*Gluten Mustard Fish*

OR

Pizza

*Gluten Dairy*

with

Chips

Baked beans



Frozen mousse

*Dairy*

OR

Cheese with crackers

*Gluten Dairy*





## FOOD ALLERGEN INFORMATION

**Please ask for allergen information if you have a food allergy**

Archway Learning Trust makes every effort to identify allergens used as deliberate ingredients and prevent contact and contamination throughout food production. However, due to high risk of cross-contact in this area, we cannot guarantee that food prepared here does not contain allergens other than those intended and we cannot guarantee that our suppliers operate a 'nut-free' environment.

**Customers with food allergies should be aware of this risk.**