



Cost of Living Advice and Guidance Resource

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1. Introduction

The UK is facing a severe cost of living crisis. In recent months, we have all experienced significant financial pressures – rising energy, fuel, food, and water prices to name only a few instances where inflation is driving costs up.

The financial challenge is unlikely to come to an end quickly as economic predictions see prices continuing to rise through the autumn and winter – precisely the same time where we need to heat our homes.

We know that this financial crisis will significantly impact a huge number of us. We also know that although we are all in the same storm, we are not necessarily in the same boat. The challenge will disproportionately impact some of us more than others. It is therefore our responsibility as the Archway Learning Trust family to respond together. We know that we're stronger when we build deep, supportive, and interconnected community.

As one element of our Archway Learning Trust response, we have produced the following guide.

The guide is not designed to be prescriptive or exhaustive but we hope it will provide a helpful starting point. Most of the document provides information about national schemes and support agencies. However, the attachment at the end of the resource details local support services in your area.

1.1 General principles

Before you dive into the rest of the resource, there are some general principles and ideas to be aware of as follows:

- Around £15 billion in benefits is unclaimed every year, so it worth using the benefits calculators set out in section 2.1 to see if there are benefits you are entitled to that you are not currently claiming.
- Some advice services (mainly debt and immigration) are regulated by government agencies. It is therefore illegal to provide this type of support without being registered. Community teams should check carefully that the support being providing is not advice that the teams is not regulated to provide.
- Organisations cannot make applications for visas, citizenship, to have a condition of immigration status removed, or provide any regulated immigration advice, without being authorised by Office of the Immigration Services Commissioner (OISC) or equivalent authorised body.
- Community teams cannot provide money advice (including debt advice) without being trained and authorised.

Support that community teams could consider providing:

- Making connections with local advice agencies, to ensure smooth referrals can be made to local support services.
- Running advice/ information drop-in sessions on-site with local organisations.

- Finding out about any local authority or local charity networks/ forums that are meeting to discuss the cost of living crisis and try and attend.

2. Benefits

Benefits advice is not regulated in the same way as other advice.

We recommend seeking advice from a trained and experienced benefits advisor, you can search for a benefits advisor [here](#).

Local support is available in Nottingham via Welfare Rights. Please see contact details below,

Telephone: 0115 915 1355

Lines open: Monday to Friday 8:30 am to 4:50 pm

Email: welfarerights@nottinghamcity.gov.uk

2.1 Benefit calculators

The following calculators allow you to enter your personal circumstances to help you to understand the benefits that you could be entitled to based on your situation.

- [Turn2Us](#)
- [EntitledTo](#)

2.2 Online resources

- [EntitledTo A-Z](#) – an index of online factsheets about a wide range of benefits issues
- [Disability Rights UK](#) – helpful information about rights for disabled people. This includes useful [factsheets and guides](#), including a guide on how to claim [PIP](#) (Personal Independence Payment)
- [Advice Now](#) – helpful and accessible guides on a wide range of topics, including on [benefit reconsiderations and appeal](#)

2.3 Tax relief, government payments and more specific benefits

There are several more specific benefits, national payments, and tax relief schemes, which may be useful to consider.

- [Marriage Tax Allowance](#) – tax relief if one partner in a married couple or civil partnership earns under the income tax threshold (usually £12,570)
- [Support for Mortgage Interest](#) – if you are a homeowner on a low income, you may be eligible to receive support towards interest payments on your mortgage
- [Tax relief for those working from home](#)

- [Sure Start Maternity Grant](#) – grants for first-time parents claiming certain benefits
- [Help with childcare costs](#) – varying government support programmes for working parents with childcare
- [Bereavement Support Payment](#) – financial support if your husband, wife, or civil partner dies. This scheme will be extended to unmarried couples from September 2022
- [Funeral Expenses Payment](#) – Government support with funeral expenses for those receiving benefits
- [Healthy Start](#) – Money (on an electronic card) for families on low incomes with children 0-4 to spend on fruit, vegetables, and milk

3. Debt

Debt advice is regulated by the Financial Conduct Authority (FCA) and any organisation providing debt advice needs to be regulated and any advisors trained and able to adhere to particular standards.

Section 3 outlines some national resources around debt advice, as well as details of how to find debt advice in your local area.

3.1 National online and telephone debt advice

- [National Debtline](#),
- [Stepchange](#)

3.2 Local debt advice

- [Find free local debt advice](#) – scroll to the bottom of the page and input your postcode

4. Energy

Many energy providers have their own grant funding for customers experiencing financial difficulty however these schemes were oversubscribed before the cost of living crisis, and so are likely to be challenging to access. You can find out more about these schemes and a range of other energy resources through the Citizens Advice portal [here](#)

- [Energy Support Scheme](#) – information about how the £400 support for domestic households will be distributed in autumn 2022

- [Warm Home Discount](#) – £140 off bills or added to prepayment meters for eligible customers. Click the link to find out more about how to apply
- [Boiler and insulation grants](#) – those in receipt of benefits and under a certain income threshold may be entitled to funding for insulation or replacement of old boilers
- [Local energy grants](#) – search service for local energy grants
- [Ofgem website](#) – find advice and answers to questions you may have on managing your energy supply and bills

5. Food

5.1 Foodbanks and general food advice (further details locally at the end of the document)

- [Trussell Trust Foodbanks](#) – referral required. Community teams should be able to sign up to issue referrals through your local Trussell Trust Foodbank
- [Independent Food Aid Network](#) – a range of independent food aid providers, with a variety of different models, find out what is available locally
- [Iceland over 60s discount](#) – 10% discount every Tuesday.
- [Olio](#) – an app that allows individuals to access free surplus food from retailers and community members
- [Community Fridge](#) – free surplus food in over 300 locations
- [Free or cheap food deals](#) – from Money Saving Expert

5.2 Pantries/ community shops/ social supermarkets

Projects that provide food (often surplus) at discounted rates to the local community.

Many of these schemes will be based locally, so it is worth checking in local networks/ forums to find what is available near you

The following networks detail low-cost food projects:

- [Your Local Pantry](#)
- [Family Action FOOD Clubs](#)
- [Community Shop Group](#)

6. Health and wellbeing

- [NHS low income scheme](#) – help with healthcare costs including prescriptions, dentistry and eye care for those on a low income
- [Help with health related travel costs](#) – for people on low incomes, incurring travel costs due to travel to specialist appointments
- [Advice on cheap sanitary products](#) – including asking for an emergency ‘package for Sandy’ at Morrisons
- [Information from Mind on money and mental health](#)

7. School uniform

Sharewear provides emergency clothing, shoes and bedding to people in Nottingham and Nottinghamshire currently in crisis.

For more information go to: [SHAREWEAR \(sharewearclothingscheme.org\)](https://sharewearclothingscheme.org)

Uniform Project

Struggling to afford uniform. Direct message the Uniform Project on their Facebook page or email uniformproject@hotmail.com and they will support it providing uniform for you child/ren.

8. Housing

- [Shelter](#) – a wide range of housing advice and information online and through a phone helpline
- [Housing Rights](#) – information about housing rights
- [Streetlink](#) – to report and support people sleeping rough
- [National Homelessness Advice Service](#) – advice line for professionals about housing issues that clients are experiencing

9. Immigration

- [NRPF network](#) - national support information for people with no recourse to public funds
- [Find a free, registered immigration advisor](#)

10. Legal

- [Law society](#) - information on how to access free legal advice

11. Travel

- [Disabled bus pass](#)
- [JobCentre Plus travel discount card](#) – 50% off for eligible unemployed people
- [Railcards](#) – discounts of rail fares for certain groups
- [RAC advice on how to save fuel](#)

12. Internet

- [Social Broadband tariff](#) – Broadband deals for people in low incomes/in receipt of benefits

13. General information

The following websites cover a wide range of financial support issues

- [Citizens Advice](#) – benefits, work, housing, debt, family, immigration, law
- [Money Helper](#) – money, debt, benefits, family
- [Government cost of living support](#) – check what support the government is providing
- [Money Saving Expert](#) – Cost of Living Survival guide

14. Grants for individuals

Most of the grants outlined in section 13 need to be applied for by an organisation.

- [Turn2Us search](#) – there are several individual grants that may be based on a person's circumstances, location, or occupation. You can search the database of individual grant making bodies via the Turn2Us platform
- [Buttle](#) – grants of up to £2,000 for children who have experienced a crisis
- [Children in Need](#) – critical household items (white goods, furniture, and clothing) for children experiencing a crisis or emergency
- [Glasspool](#) – grants for household essentials

- [Acts435](#) – an online platform that churches and community groups can sign up to. Individuals can post anonymous requests for up to £150 for practical items, that people then give towards. The money gets given to the organisation's bank account and they then purchase the item for the individual
- [Family Fund](#) – grants for people with disabled children. Includes household items, as well as funding for holidays, days out, and tech items

15. Training

Section 14 sets out training programmes that may be useful to staff and volunteers in community teams.

14.1 Staff training on benefits advice

- [CPAG](#) – training on a wide range of benefits issues, for all levels (including for non-benefits advisors)
- [National Energy Action](#) – training on supporting people with issues around energy
- [National Homelessness Advice Service](#) – free training webinars on housing issues
- [Reed](#) – often have free or cheap training courses on several relevant topics

14.2 Personal money management training and resources

There are many free training course and resources available online. The following section provides a selection of some courses, podcasts and resources that may be useful.

[The Money Course](#)

Cost: Free

More information: Crosslight Advice is an independent, community-focused charity working to alleviate poverty through the provision of holistic, end-to-end debt advice, money education and budgeting support. The course can be completed online or face-to-face (London locations currently)

Course content

- Understanding your relationship with money
- Creating a budget
- Earning, spending & saving
- Thinking about debt
- Managing your money day-to-day
- Your financial mental wellbeing

[Money Saving Expert / Open University](#)

Cost: Free

More Information: The Open University has joined forces with MoneySavingExpert (MSE) to produce this new free course to give you the skills and knowledge to master your finances. The course was written by The OU, with MSE providing support and guidance. Online course only.

Course content:

- budget effectively and know how to make good spending decisions
- understand how income is taxed
- understand how and when to borrow money responsibly
- understand savings and investment products – including their different risks
- plan for retirement and know what to do if a projected pension is insufficient.

[BBC Moneybox Podcast](#)

Cost: Free

More information: Presented by BBC Finance and Business presenters. Wide range of topics on things like food poverty, gender identity and finance, energy costs, holidays etc. 1000 x 30 min podcasts dating back to 2009!

15 . Local schemes –

Local community teams may wish to include an additional section that sets out the specific support offers that exist locally. Teams may wish to include the following:

- Local Authority Welfare Assistance Schemes – (they may be called something like an emergency support scheme, household support scheme, crisis support scheme or similar). The support provided varies by local area, but local authorities may provide emergency support with a range of things such as food, fuel, furniture, white goods. Search your local authority's [website](#)
- Local Money signposting support [Money | Ask Lion - Nottingham City Directory](#)
- [Council Tax reduction schemes](#) – local authorities provide discretionary discounts on council tax bills to people on low incomes.
- [Water](#) – social tariff schemes. Most local water providers have some scheme or support for those on low incomes
- [Discretionary Housing Payment](#) – local authority scheme to provide top-up to Housing Benefit or the Housing Element of Universal Credit (i.e. due to [benefit cap](#), or [Local Housing Allowance](#) caps)

Broxtowe Children's Centre

The Corner House, 18
Strelley Road
Nottingham
NG8 3AP

Children's Centres offer a range of advice and support across the city. Trained Family Support and Start for Life Workers offer targeted intervention to families who need support or have concerns around:

- Child development
- Children's Behaviour
- Parenting
- Sleep
- Parental conflict
- Parental wellbeing

Strelley Library

Contact

Tel: 0115 9152880

Address: Strelley Road, Nottingham, NG8 3BJ

- Computers/ Wifi Access
- Work clubs

Sheila Russell Community Centre Follow on Facebook for great local advice and support.

The Sheila Russell Community Centre is a voluntary run centre in the heart of the old Bilborough Village. Based on St Martins Road, Bilborough the Centre aims to provide a relaxed, friendly service to the area that includes a range of activities.

Planned Coffee Mornings

Where to go

Vale Community Centre
Wollaton
Nottingham
NG8 2JA
Tuesday 10 - 11.30am

St John's Church

Graylands Road, Bilborough, Nottingham, NG8 4FD

- Community meal every Wednesday from 5pm with a hot healthy meal, we only ask for a donation that people can afford.
- Toddler group, little sparks serves breakfast on Thursday Morning for any families with young children. From 10am.
- Drop in cafe every Thursday 1pm to 3pm at St Johns hall.

Local Support

Derby Poverty Commission – Support Guide – February 2022

Stay Warm and Well This Winter

- Advice or support with cold homes, energy bills, energy efficiency, financial hardship, food shopping, homelessness or eviction, home maintenance, winter flu jab, Covid-19 support.
- Call 01332 640000 – Option 5

Rent Support:

Single Discretionary Award Scheme

- Financial support made up of Discretionary Housing Payment, Council Tax Hardship Payment, support for moving to cheaper accommodation, goods for the home.
- Apply online at <https://derby.ecinfo.org.uk> or call the council on 01332 640000

Vulnerable Renters Fund

- For private renters on low-incomes in rent arrears who are at threat of eviction.
- Payment is made direct to your landlord to top up your rent account.
- Contact Derby Homes Private Rented Sector Team on 01332 888777

Derby Money Advice Team

- For Derby Homes tenants who are struggling to pay their rent. Provides benefit entitlement support, financial planning support, debt support and more.
- Contact via email to money.adviceteam@derbyhomes.org or phone 01332 888777

Housing Advice:

Derby City Council Housing Options

- If you are homeless, threatened with homelessness, or need advice about your housing situation.
- Call 01332 888777 – option 5, or email housing.options@derby.gov.uk

Direct Help & Advice

- Provide specialist advice, advocacy, and representation for families and individuals facing crisis, to prevent and alleviate homelessness, debt, and housing difficulty.
- Call 01332 287850, email info@dhadvice.org, or visit Housing and Debt Advice, Phoenix Street, DE1 2ER

Food Support:

Derby Food 4 Thought Alliance

- Supports people experiencing food poverty through food provision, signposting, education, and advice.
- Call 01332 640000 – option 5

Debt Advice & Support:

Derby City Mission – Jubilee Project

- Free debt advice, walk in sessions, no appointment needed o Tuesdays 10.15am-12.15pm, St Peters Church DE1 1NN
- o Wednesdays 10am-12pm, St Augustines Church, Normanton, DE23 8BP
- o *Alternate* Thursdays 9.30-11.30am, Allenton Osmaston Sure Start Centre, Allenton, DE24 8XB

o *Alternate* Thursdays 12-1.30pm, Davenport Road Evangelical Church, Osmaston, DE24 8AX

Nottingham Food Bank Support

NG1 (City) - Springs of Life Church

Food Bank Opening Times	Wednesdays 10am -12pm
Donation Opening Times	Saturdays 10am - 12pm
Contact	0303 040 1110 (Hope Nottingham)
Address	Clumber Hall, High Cross Street, Nottingham, NG1 3AX

NG1 (City) - Guru Nanak

Not a traditional food bank: an organisation that cooks up to 70 meals - a main, tea and pudding - three times a week that are always vegetarian and eggless. Meals are served outside the Marks and Spencer's on Albert Street.

Food Bank Opening Times	Mondays, Wednesdays, Thursdays at 7:30pm
Donation Opening Times	Guru Nanak's donation information
Contact	Guru Nanak's Facebook page
Address	1 Albert Street, Nottingham, NG1 7DB

NG1 (Sneinton Market) - WalkersNotts

Not a traditional food bank: a not-for-profit organisation that helps the homeless in Nottingham. Every Tuesday at 7pm they provide hot food, clothes, toiletries and more for those who attend.

Food Bank Opening Times	Tuesdays, 7pm
Donation Opening Times	Donation page
Contact	Facebook group
Address	Sneinton Market Square, Gedling Street, Nottingham, NG1 1DS

NG2 (Sneinton) - The Salvation Army Sneinton

Food Bank Opening Times	Thursdays, 10am -12pm
Donation Opening Times	Ring to arrange delivery
Contact	0115 9503927

Address	William Booth Memorial Complex, 14 Notintone Place, Sneinton Road, Nottingham, NG2 4QG
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NG2 (The Meadows) - Bridgeway Hall Methodist Church

Food Bank Opening Times	Tuesdays 5:30pm - 7pm, Fridays 10am - 12pm, Saturdays 11am - 1pm
Donation Opening Times	Tuesdays 5:30pm - 7pm, Fridays 10am - 12pm, Saturdays 11am - 1pm
Contact	0303 040 1110 (Hope Nottingham)
Address	Bridgeway Hall Methodist Church, Nottingham, NG2 2JD

NG3 (St Anns) - St Anns and Sneinton Food Store

This food bank is for individuals and families with zero income only.

Food Bank Opening Times	Ring to arrange collection
Donation Opening Times	Ring to arrange delivery
Contact	07979159095 or 0115 9081532
Address	St Anns Advice Centre, The Chase Neighbourhood Centre, Robin Hood Chase, Nottingham, NG3 4EZ

NG4 (Carlton) - Main Street Methodist Church

Food Bank Opening Times	Tuesdays, 12pm - 2:45pm
Donation Opening Times	Tuesdays, 12pm - 2pm
Contact	0303 040 1110 (Hope Nottingham)
Address	88 Carlton Hill, Carlton, Nottingham, NG4 1EE

NG4 (Gedling) - Phoenix Farm Methodist Church

Food Bank Opening Times	Fridays, 1:30pm - 3pm
Donation Opening Times	Fridays 1:30pm - 3pm

Contact	0303 040 1110 (Hope Nottingham)
Address	Wollaton Avenue, Gedling, Nottingham, NG4 4HX

NG4 (Netherfield) - Bethesda Community Hall

Food Bank Opening Times	Wednesdays, 1:30pm - 3pm
Donation Opening Times	Wednesdays, 1:30pm - 3pm
Contact	0303 040 1110 (Hope Nottingham)
Address	Forester Street, Netherfield, Nottingham, Nottinghamshire, NG4 2LJ

NG5 (Arnold) - Daybrook Baptist Church

Food Bank Opening Times	Mondays, Wednesdays, Fridays, 1:30pm - 3pm
Donation Opening Times	Ring to arrange delivery
Contact	07854690684
Address	Daybrook Baptist Church, Mansfield Road, Daybrook, Nottingham, Nottinghamshire, NG5 6AA

NG5 (Bestwood & Bulwell) - St Philip's Church

Food Bank Opening Times	Tuesdays & Thursdays 1pm - 3pm, Saturdays 10am - 12pm
Donation Opening Times	Tuesdays & Thursdays 1pm - 3pm, Saturdays 10am - 12pm
Contact	0115 9751825
Address	St Philip's Church, Knight's Close, Nottingham, NG5 9AJ

NG7 (Castle Boulevard) - Grace Church

This food bank will also accept collections by those with Job Centre Plus referral forms.

Food Bank Opening Times	Mondays 2:30pm - 4pm, Thursdays 10:30am - 12pm
Donation Opening Times	Ring to arrange delivery

Contact	0115 9502332
Address	1 Castle Boulevard, Nottingham, NG7 1FT

NG7 (Hubert Street) - Himmah, Unit 2

Food Bank Opening Times	Himmah Facebook
Donation Opening Times	Himmah website Ring to arrange direct food delivery or use the website to donate funds Also keep an eye on the Facebook page for donation and information on opening times
Contact	0115 998 3172
Address	Unit 2, Hubert Court, Hyson Green, Nottingham NG7 5AJ

NG7 (Alfreton Road) - Mt Zion Millenium Church

Food Bank Opening Times	Tuesdays & Thursdays, 10am -12pm
Donation Opening Times	Tuesdays & Thursdays, 10am -12pm
Contact	0303 040 1110 (Hope Nottingham)
Address	Mt Zion Millennium Church, Churchfield Lane, Nottingham, NG7 5QS

NG8 (Bilborough) - Bilborough Library

Food Bank Opening Times	Wednesdays, 10am - 12pm
Donation Opening Times	Wednesdays 10am - 12pm
Contact	0303 040 1110 (Hope Nottingham)
Address	Bilborough Library, Bracebridge Drive, Bilborough, Nottingham, NG8 4PN

NG8 (Broxtowe) - St Martha's Church

Food Bank Opening Times	Wednesdays & Fridays, 10am - 12pm
Donation Opening Times	Every weekday morning
Contact	0303 040 1110 (Hope Nottingham)

Address	St Martha's Church, 135 Frinton Road, Broxtowe, Nottingham, NG8 6GR
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NG8 (Wollaton) - Grangewood Methodist Church

Food Bank Opening Times	Fridays, 10am - 12pm
Donation Opening Times	Fridays, 10am - 12pm
Contact	0303 040 1110 (Hope Nottingham)
Address	Grangewood Methodist Church, Grangewood Road, Nottingham, NG8 2SJ

NG8 (Aspley) - Phoenix Hall

Food Bank Opening Times	Mondays & Thursdays, 10am - 12pm
Donation Opening Times	Ring to arrange delivery
Contact	0303 040 1110 (Hope Nottingham)
Address	Phoenix Hall, behind St Margaret's Church, Aspley Lane, Aspley, Nottingham, NG8 5GE

NG9 (Beeston) - Hope House

Food Bank Opening Times	Mondays & Wednesdays 9:30am - 12pm, Thursdays & Saturdays 9:30am - 10:30am
Donation Opening Times	Monday to Thursday 9:30am - 4pm, Saturdays 9:30am - 10:30am
Contact	0303 040 1110 (Hope Nottingham)
Address	Hope House, Boundary Road, Beeston, Nottingham, NG9 2RF

NG9 (Chilwell) - St Barnabas Church

Food Bank Opening Times	Tuesdays, 1:30pm - 3pm
Donation Opening Times	Tuesdays 1:30pm - 3pm
Contact	0303 040 1110 (Hope Nottingham)

Address	St Barnabas Church, Barn Croft, Chilwell, Nottingham, NG9 4HU
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NG9 (Stapleford) - Montrose Court

Food Bank Opening Times	Wednesdays & Thursdays, 9am - 11:30am
Donation Opening Times	Wednesdays & Thursdays, 9am - 11:30am
Contact	0303 040 1110 (Hope Nottingham)
Address	4 Montrose Court, Stapleford, Nottingham, NG9 8LJ

NG9 (Stapleford) - Haven Church

Food Bank Opening Times	Thursdays & Fridays, 10am - 12pm
Donation Opening Times	Thursdays & Fridays, 10am - 12pm
Contact	0303 040 1110 (Hope Nottingham)
Address	The Haven Church, Wadsworth Road, Stapleford, Nottingham, NG9 8BD

NG10 (Long Eaton) - Christ Church

Food Bank Opening Times	Tuesdays & Fridays, 10am -12pm
Donation Opening Times	Ring to arrange delivery
Contact	07950547671
Address	Christ Church, Derby Road, Long Eaton, Nottinghamshire, NG10 4NE

NG11 (Clifton) - Hope Church & St Francis' Church

Food Bank Opening Times	Tuesdays & Saturdays, 10am - 11:30am
Donation Opening Times	Tuesdays & Saturdays, 10am - 11:30am, ring to arrange outside of these times
Contact	07538916757

Address	Hope Church and St Francis' Church, Farnborough Road, Clifton, Nottingham, NG11 8JX
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NG11 (Clifton) - Clifton NG11 Food Bank

Food Bank Opening Times	Tuesdays & Saturdays, 9:30am - 11am
Donation Opening Times	Tuesdays & Saturdays, 9:30am - 11am
Contact	07538916757
Address	Hope Centre, Southchurch Drive, Clifton, Nottingham, NG11 8AQ

NG19 (Sherwood Forest) - Sherwood Forest Food Bank

Food Bank Opening Times	Mondays & Thursdays, 1:30pm - 4pm
Donation Opening Times	Mondays & Thursdays, 1:30pm - 4pm
Contact	07932452533
Address	Stable Centre, 12 Church Street, Mansfield Woodhouse, Nottinghamshire, NG19 8AH

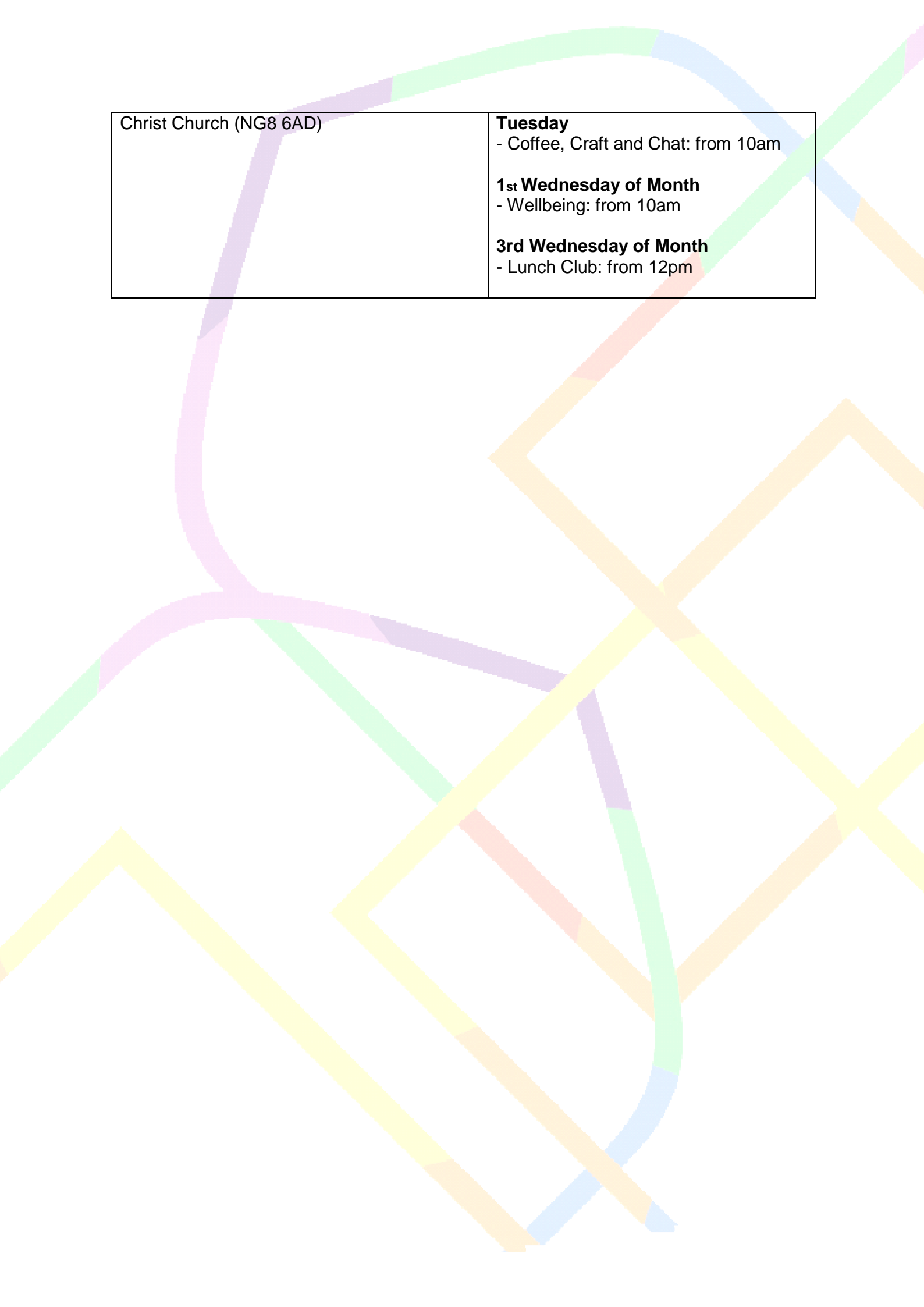
NG22 (Tuxford) - Tuxford Methodist Church

Food Bank Opening Times	Tuesdays, 10am - 1pm
Donation Opening Times	Tuesdays, 10am - 1pm
Contact	07417409919
Address	Tuxford Methodist Church, Newcastle Street, Tuxford, NG22 0LN

NG24 (Newark) - Barnbygate Methodist Church

Food Bank Opening Times	Tuesdays 3pm - 5pm, Fridays 1pm - 3pm
Donation Opening Times	Tuesdays 3pm - 5pm, Fridays 1pm - 3pm
Contact	07417409919
Address	Barnbygate Methodist Church, 15a Barnbygate, Newark, NG24 1PX

SOCIAL ACTION ACROSS WOVEN St Margaret's (NG8 5GE)	Monday - Aspley Foodbank: 10am – 12pm (Phoenix Hall) Thursday - Aspley Foodbank: 10am – 12pm (Phoenix Hall) - Aspley Job Club: 10am – 12pm (St Margaret's Church) - Woven Community Café: 10am – 12pm (St Margaret's Church) - Debt Advice: 10am – 12pm (St Margaret's Church) – appointment only
St Leo's (NG6 0GD)	Thursday - Woven Community Café: 11am – 1pm - Basford Job Club: 11am – 1 pm - Community Gardening: 11am – 1pm - Refugee Roots (ESL classes): 11am – 1pm - Debt Advice: from 6pm – appointment only
St John's (NG8 4FD)	Wednesday - All Age Community Meal – from 5pm Thursday - Drop in Café: 1-3pm (St John's Church Hall)
St Martha's (NG8 6GR)	Wednesday - Broxtowe Foodbank: 10am – 12pm - Broxtowe Job Club: 10am – 12pm - Community Café: 10am – 12pm
St Martin's (NG8 3BH)	Tuesday - Community Café: 10:30am – 1pm
St Aidan's (NG6 0DZ)	Monday - Community Café: 8:45am – 2 pm Tuesday - Community Café: 8:45am – 2 pm Thursday - Community Café: 8:45am – 2 pm



Christ Church (NG8 6AD)

Tuesday

- Coffee, Craft and Chat: from 10am

1st Wednesday of Month

- Wellbeing: from 10am

3rd Wednesday of Month

- Lunch Club: from 12pm